

ANH-Intl's Tools for Practitioner's Toolkit Series Saturday 7<sup>th</sup> October 2017, 9:00 am – 5:30 pm

Developing YOU to future-proof your practice
A LEADING-EDGE MASTERCLASS IN FUNCTIONAL LAB TESTING & PERSONALISED PROTOCOLS

#### **TRAVEL & ACCOMMODATION**

Sheepdrove is a working organic farm in Lambourn, Berkshire. It's owned by farmers and environmental campaigners Peter and Juliet Kindersley who have built it up from the dilapidated farmhouse they bought over 40 years ago to the beautiful space you see today. Over time they slowly acquired more land and today Sheepdrove is a thriving organic farm at the heart of the local community.

The <u>eco-conference centre</u> is a perfect addition to the farm and a wonderful alternative to more well-known conference venues in the heart of busy London. It's stunning rural location, wonderful organic food and sympathetic natural architecture make for a truly special event. You'll find travel to and from easy and hassle free as it's just 15 mins from the M4 and 25-30 mins from Hungerford or Newbury stations respectively. We will most likely be running transport from one or both stations. Please let us know if you intend to travel by train. Parking isn't an issue and there are even electric car charging stations for the ecoconscious delegate!

It's a special place and very in keeping with ANH's mission and vision of 'Love Nature, Live Naturally'. We look forward to sharing the day with you.

#### **How to get to Sheepdrove Eco Centre**

Sheepdrove Organic Farm, Sheepdrove Road, Lambourn, Berkshire, RG17 7UU, United Kingdom

For directions using Sat Nav or Google Maps always enter 'Sheepdrove Road, Lambourn' and then follow the signs to Sheepdrove Organic Farm and/or Sheepdrove Eco Conference Centre. For full driving instructions see below from the East, West via M4 (via junction 14) or from the North via A34. NB: Please note that using only the postcode doesn't usually get you there!

#### By Train

The nearest station is Hungerford and is accessible from Reading and London Trains run direct from London Paddington to Hungerford or Newbury

## How to Reach Sheepdrove by Road

#### From A34

Distance: 18.2 miles

Journey Time: 30 minutes

Dist Directions

- 0.0 Exit A34 at Jct A34/A4130 (Milton Interchange) Follow signs to Wantage A4130
- 1.8 Junction with A417/A4185. At roundabout take 3rd exit A417
- 1.1 Go straight on, through edge of East Hendred
- 0.8 Go straight on, through edge of West Hendred
- 3.0 Enter Wantage

  At 2nd double mini-roundabout turn left A338 (sign-posted Hungerford)
- 0.4 At traffic lights, go straight over on to B4507 (sign-posted Ashbury, Faringdon)
- 2.4 At crossroads turn left on to B4001 (signed Lambourn)
- 0.5 Turn right (signposted Lambourn)
- 5.8 Enter Lambourn
- 0.2 Take 1st left turn into Sheepdrove Rd
- 0.5 Bear left at fork in road
- 0.3 Follow sign to Sheepdrove Organic Farm
- 0.3 At the black gate, continue forward
- 0.5 At Red Barn go right
- 0.4 At sign, go left
- 0.2 Arrived at The Eco Conference Centre. Follow signs to Conference Parking

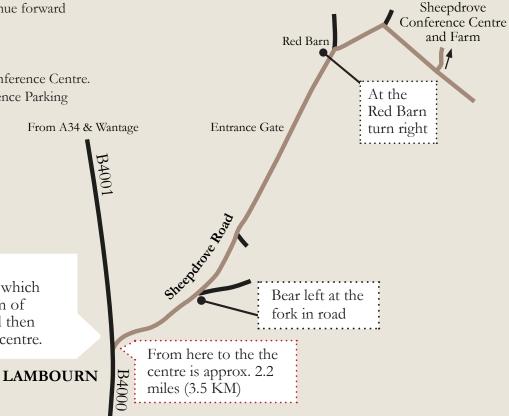
### From M4 Jct 14

Distance: 8.2 miles

Journey Time: 20 minutes

Dist	Directions		
0.0	Exit M4 Jct 14 (A338)		
	Follow signs to Wantage A338		
0.3	Turn left on to B4000 (signposted Cricklade)		
2.2	Go straight on through Woodlands St Mary		
1.1	At Hare and Hounds pub turn right (signposted Lambourn)		
1.9	Go straight on into Lambourn		
0.3	Go straight over crossroads (Church on left)		
0.2	Take 2nd right turn Sheepdrove Road (signposted Warren Farm)		
0.5	Bear left at fork in road		
0.3	Follow sign to Sheepdrove Organic Farm		
0.3	At the black gate, continue forward		
0.5	At Red Barn go right		
0.4	At sign, go left		
0.2	Arrived at The Eco Conference Centre.		

Follow signs to Conference Parking



SAT NAV: Please use RG17 7UN which takes you to the bottom of Sheepdrove Road. And then follow this map to the centre.

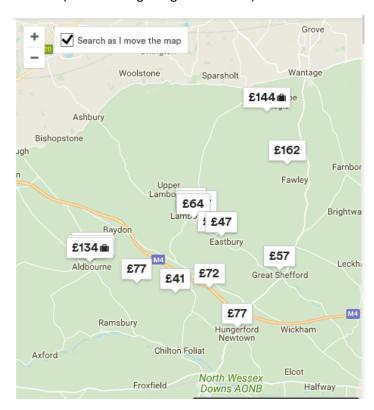
> From J14 of M4 & Newbury



#### Accommodation

#### Link to local accommodation

#### Air B&B (click on image to go to website)



<u>Premier Inn – Newbury</u>

<u>Travelodge – Newbury Chievely (M4)</u>

<u>Travelodge – Newbury London Road</u>

Travelodge – Swindon Central

#### **About Lambourn**

Following is a list of local accommodation compiled by the Sheepdrove Eco-Conference team. Please note that mentioning Sheepdrove will usually get you preferential rates if you choose to stay overnight.

# Sheepdrove Eco Conference Centre Information on local hotels

The following hotels are within reach of the Centre and in most cases offer a preferential rate for our clients. Please quote Sheepdrove Eco Conference Centre when making your reservation and contact our conference team if you experience any difficulty.

	Rooms	Rate	Location
Queens Arms Hotel	8 double rooms	£75 inc VAT bed and breakfast	10 minutes from Sheepdrove Eco
Lambourn Road, East Garston,			Conference Centre
Hungerford, Berks			Beautifully furnished rooms with
Tel 01488 648757			lovely bar and restaurant.
www.queensarmshotel.co.uk			
The Pheasant	11 double rooms	£85 including breakfast	10 minutes from centre. Brand
Ermin Street, Lambourn			new rooms, superb food
Woodlands, Berks			
Tel: 01488 648284			
www.thepheasant-inn.co.uk			
The Bear Hotel	39 rooms	£97 approx with continental	20 minutes from Sheepdrove, 10
Hungerford		breakfast	miles.
Tel: 01488 682512			
www.thebearhotelhungerford.co.uk			
Ramada Jarvis	72 rooms, all en	£150 per room ex VAT,	15 minutes/approx 8 miles from
Elcot Park	suite	Sheepdrove Eco Conference Centre	Junction 14 of the M4, 25
Elcot		clients offered discounted rate in	minutes/14 miles from
Newbury		the region of £90 per room,	Sheepdrove Eco Conference Centre
Berks RG20 8NJ		subject to availability.	
Tel 01488 658 100		,	
Donnington Valley Hotel	113 rooms and	From £,155 inc VAT, Sheepdrove	Approximately 25 minutes from
4* hotel	suites	Eco Conference Centre clients	Sheepdrove Eco Conference Centre.
Old Oxford Road, Donnington	34100	offered 10% discount on the best	Accessible either via the M4 or
Newbury		rate available, subject to	the B4000.
Berks RG14 3AG		availability.	
Tel 01635 551199			
www.donningtonvalley.co.uk			
The Vineyard - 5* hotel	49 bedrooms and	From £165 ex VAT, Sheepdrove	20 minutes/12 miles from
Stockcross	suites	Eco Conference Centre clients	Sheepdrove Eco Conference Centre
Newbury	34100	offered discounted rate in the	The state of the s
Berks RG20 8JU		region of £130 bed and breakfast	
Tel 01635 528770		for a Classic Room or £155 for a	
www.the-vineyard.co.uk		Luxury Double Room	
Days Inn Welcome Break,	32 double, all en	£55 per room. Ask for the latest	Access via Membury Services M4
Membury	suite	promotion.	westbound or service road from
M4	5616	promouom	B4000. 10 minutes/4 miles from
Berks RG17 7TZ			Sheepdrove Eco Conference Centre
Tel 01488 723 36			Sometime Source
Travel lodge style hotel			
Hilton Newbury North Junction	112 double	£88-105 inc VAT depending on	2 minutes from Junction 13 M4,
13 M4 13 Oxford Road Newbury	rooms, all en	availability and the night booked	20 minutes 175 miles from
RG20 8XY	suite	are the inglit booked	Sheepdrove Eco Conference Centre
Tel 01635 247010	Juice		Sample of the Somerence Control
The Swan Inn Hotel	10 en-suite	From £85 inc VAT & English	Approx. 30mins from
Craven Road, Lower Green,	bedrooms	breakfast	Sheepdrove Eco Conference
Inkpen, Hungerford, England	bearooms	DICARIASI	Centre, 15 miles.
RG17 9DX			Centre, 13 miles.
Tel: 01488 668326			
www.theswaninn-organics.co.uk			

#### Bed and Breakfast Accommodation

These B&B's have not necessarily been visited by Sheepdrove Eco Conference Centre staff but come highly recommended

Fishers Farm	3 rooms (2 en suite, 1 with	£40 - £60	Comfortable historic
Ermin Street	private bathroom)		farmhouse B&B in peaceful
Shefford Woodlands			rural surroundings. Easy M4
Hungerford			access.
Tel 01488 648466 or contact			
through The Pheasant who use			
it as overflow accommodation!			
Manor Farm	5 rooms	From £40 per person	
Silver Lane			
West Challow			
Wantage			
Tel 01235 763455			
The Craven	6 rooms	From £30 single - £85 for 4	Within walking distance of
Fernham Road		poster rooms	several pubs and restaurants
Uffington			
Oxon			
Tel 01367 820449			
www.thecraven.co.uk			
Penny Reid	1 double, 2 twin	From £45 single, £70-80	Organic beef and pig farm in
Down Barn Farm	(bathrooms – 1 en suite, 1	double	very secluded and peaceful
Sparsholt Down	private)		spot on Ridgeway Downs
Sparshot			between Lambourn and
Wantage			Wantage. Excellent walking
Oxon OX12 9XD			and riding.
Tel 01367 820272			
pendoeffect@aol.com			
Lizzie's Cottage	2 double rooms – shared	£35 per night, price	Several pubs within walking
High Street	bathroom	negotiable on length of stay	distance. Very relaxed and
Uffington			homely. Approx 15mins from
Nr. Farringdon			centre
SN7 7RP			
Jackie.osborn4@gmail.com			
01367 820397			

The Conference Team at Sheepdrove Eco Conference Centre 01488 674737

www.sheepdrove.com