

# VITAMIN D DEFICIENCY

Osteoporosis

High blood pressure

Diabetes

Muscular weakness

Autoimmune  
diseases

Obesity

Cancer

Early death

Skin diseases

Inflammatory bowel disease

# VITAMIN D REPLETION

Strong bones and teeth

Proper functioning  
immune system

Brain

Nervous system

Optimal blood  
sugar levels

Healthy lung and  
cardiovascular function

Emotional wellbeing and  
cognitive function

FOR MORE INFORMATION, VISIT [ANHINTERNATIONAL.ORG](http://ANHINTERNATIONAL.ORG)

 [anhinternational](https://www.facebook.com/anhinternational)

 [anhcampaign](https://twitter.com/anhcampaign)

 [ANHIntl](https://www.instagram.com/ANHIntl)

©2017 ALLIANCE FOR NATURAL HEALTH INTERNATIONAL