End of year review 2022

CELEBRATING MILESTONES
- ANH’s 20th Birthday
- Pathfinder membership
- Global Collaborations

ALL THINGS COVID
- covidzone.org
- Unvaxxed study published

LAUNCHES
- Reset Eating published
- Health Creation Faculty launch
- ANH Europe launch

KEEPING YOU INFORMED
- 235 articles/news
- 50 videos
- 32 podcasts

CREATING HEALTH, NATURALLY
- Regenerative health
- Sustainable agriculture
- Healthy lifestyle

PROTECTING FREEDOM OF CHOICE
- Introduced the Micronutrient Risk-Benefit Model

TAKING A STAND
- For human rights
- For informed consent
- For health freedom