



COLLATED LIST OF UK TRADITIONAL HERBAL REGISTRATIONS UNDER DIRECTIVE 2004/24/EC ("TRADITIONAL HERBAL MEDICINAL PRODUCTS DIRECTIVE") BASED ON REGISTRATION DATA ON MHRA WEBSITE AS OF 9 FEBRUARY 2011

Alliance for Natural Health International

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	License No	Date granted	Licensee	Brand names	Herbal ingredients	Excipients	Indication
					One gastro-resistant tablet contains 157.5–225.0 mg of extract (as dry extract) from fresh Horse chestnut seeds (Aesculus hippocastanum L., semen) corresponding to 50 mg triterpene glycosides,	For the tablet: Microcrystalline cellulose, Maize starch, Colloidal silica, anhydrous, Soya polysaccharide. For the film coating: Methacrylic acid – ethyl acrylate copolymer (1:1) dispersion 30 per cent,	Relief of symptoms associated with varicose veins, such as tired heavy legs,
1	THR 13668/0010	20-Feb-08	Bioforce (UK) Limited	Venaforce Horse Chestnut GR* tablets	calculated as anhydrous β- aescin. Extraction solvent: ethanol (60% m/m)	Methacrylic acid – methyl methacrylate copolymer (1:1), Talc, Triethyl citrate	aching painful legs, leg cramps and swollen ankles
2	THR 23056/0010	01-Oct-10	Schwabe Pharma (UK) Ltd	Thisilyn® Maximum Strength Milk Thistle Capsules, Higher Nature Milk Thistle Capsules	Each hard capsule contains: 193 mg – 261 mg of extract (as dry extract) from Milk Thistle fruits (Silybum marianum (L.) Gaertner)(equivalent to 3.725 g – 10.818 g of Milk Thistle fruits) corresponding to 108 mg of silymarin, calculated as silibinin. Extraction solvent: Acetone 95% v/v.	Extract excipients: Mannitol. Capsule contents: Capsule filling mass: Mannitol, Cellulose microcrystalline, Croscarmellose sodium, Silica colloidal anhydrous, Magnesium Stearate. Capsule shell: Gelatin, Purified water, Titanium dioxide E171, Sodium lauryl sulphate, Iron (III)- oxide E172 (= red iron oxide), Iron oxide hydrate E172 (= yellow iron oxide)	Symptoms associated with occasional over indulgence in food and drink such as indigestion and upset stomach.

					Each hard capsule contains: 89 mg – 121 mg of extract (as dry extract) from Milk Thistle fruits (Silybum marianum (L.) Gaertner)(equivalent to 1.721 g – 5.000 g of Milk Thistle fruits) corresponding to 50 mg of silymarin, calculated as	Extract excipients: Mannitol. Capsule contents: Capsule filling mass: Mannitol, Cellulose microcrystalline, Croscarmellose sodium, Silica, colloidal anhydrous Magnesium Stearate. Capsule shell: Gelatin, Purified water, Titanium dioxide E171,	Symptoms associated with occasional over indulgence in food
	THR		Schwabe Pharma	Thisilyn® Milk Thistle	silibinin. Extraction solvent: Acetone	Sodium lauryl sulphate, Iron oxide hydrate E172 (= yellow	and drink such as indigestion and
3	23056/0012	01-Oct-10	(UK) Ltd	Capsules	95% v/v.	iron oxide)	upset stomach.
4	THR 21710/0001	23-Feb-10	NBTY Europe Limited	Holland & Barrett Valerian Capsules, GNC Live Well Valerian Capsules, Lifecycle Valerian Capsules, Nature's Garden Valerian Capsules	Each capsule contains 337mg of extract (as dry extract) from Valerian root (Valeriana officinalis L) (equivalent to 1683mg – 2020mg of Valerian root). Extraction solvent: ethanol 70%v/v.	Magnesium stearate. Excipients in the extract: Maltodextrin, Silica colloidal anhydrous. Capsule shell: Hypromellose	Temporary relief of the symptoms of mild anxiety and to aid sleep
	THR		Bio-Health		Each capsule contains 300mg of St John's Wort aerial parts		Relief of symptoms of slightly low mood and mild
5	15817/0006	29-Sep-10	Limited	HYPERIDRINE Capsules	(Hypericum perforatum L.)	Hypromellose (Capsule shell)	anxiety.

				Echinaboost film- coated tablets, Herbal	1 tablet contains 40 mg of extract (as dry extract) (6.5:1) equivalent to 260 mg Echinacea purpurea root	Extract excipients: Cellulose, Colloidal anhydrous silica dioxide, Lactose monohydrate, Glucose (in liquiritae extract). Tablet core: Liquiritae radix extract, Menthol racemic, Hydrated dextrate, Sorbitol, Talc, Microcrystalline cellulose, Colloidal silica dioxide, Magnesium Stearate, Eucalyptus	Relief of symptoms
			Pharbio	Classics Echinacea Cold	(Echinacea purpurea L.	Oil, Anise Oil, Fennel Oil, Clove	of common cold
	THR		Medical	Relief film-coated	Moench. Extraction solvent:	Oil. Tablet coating:	and influenza like
6	15525/0009	19/11/2010	International AB	tablets	Ethanol 45% V/V.	Hypromellose, Macrogol, Water	symptoms

						4.11		
						1 tablet contains: 100 mg of		
						extract (as dry extract) (4:1)		
						equivalent to 400 mg of		
						Valerian root		
						(Valeriana officinalis L.).		
						Extraction solvent: Ethanol		
						60% V/V; 78 mg of extract (as		
						dry extract) (3.4-6.4:1)		
						equivalent to 382 mg of Hops		
						strobile (Humulus lupulus L.).	Extract excipients: Cellulose,	
						Extraction solvent: Ethanol	Colloidal anhydrous silica,	
						70% V/V; 25 mg of extract (as	Lactose monohydrate. Tablet	
						dry extract) (6.5:1) equivalent	core: Lactose monohydrate,	
				Discorda i a		to 162 mg of Lemon Balm leaf	Potato Starch, Magnesium	Temporary relief of
				Pharbio		(Melissa officinalis L).	Stearate. Tablet coating:	sleep disturbances
	_	THR	40 N 40	Medical	Valerina Night-Time	Extraction solvent: Ethanol	Hypromellose, Titanium Dioxide,	due to symptoms of
-	/	15525/0008	19-Nov-10	International AB	film-coated tablets	60% V/V.	Macrogol 6000	mild anxiety.
						1 film-coated tablet contains:		
						100 mg of extract (as dry		
						extract) (4:1) equivalent to	Extract excipients: Cellulose,	
						400 mg of Valerian root	Colloidal anhydrous silica	
						(Valeriana officinalis L.).	dioxide, Lactose monohydrate.	
						Extraction solvent: Ethanol	Tablet core: Lactose	
						60% V/V; 50 mg of extract (as	monohydrate, Potato Starch,	
						dry extract) (6.5:1) equivalent	Calcium Hydrogen Phosphate,	
						to 325 mg of Lemon Balm leaf	Magnesium Stearate.	
						(Melissa officinalis L.).	Tablet coating: Hypromellose,	
				Pharbio		Extraction solvent: Ethanol	Titanium Dioxide, Macrogol	Temporary relief of
		THR		Medical	Valerina Day-Time film-	60% V/V. oxide, Macrogol	6000, Betacarotene	symptoms of mild
	8	15525/0007	19-Nov-10	International AB	coated tablets	6000		anxiety.

					Each coated tablet contains:		
					60mg Verbena herb (Verbena		
					officinalis L.), 30mg Hops		
					strobiles (Humulus lupulus		
					L.);		
					36mg of extract (as dry		
					extract) from Valerian root		
					(Valeriana officinalis L.) (5:1),		
					Extraction		
					solvent: Ethanol 60% v/v;		
					30mg of extract (as dry		
					extract) from Passion flower		
					herb (Passiflora incarnata L.)	Excipients of the herbal	
					(3:1),	preparations: Calcium hydrogen	
					Extraction solvent: Ethanol	phosphate, maltodextrin. Tablet	
					60% v/v; 18mg of extract (as	core: Sucrose, lactose, sodium	
					dry extract) from Wild	starch glycollate, magnesium	
			Kerbina Limited		Lettuce herb (Lactuca virosa	stearate, talc. Tablet coating:	
	THR		(trading as Bio-		L.) (5:1), Extraction solvent:	Sucrose, talc, ferric oxide,	Temporary relief of
9	00904/0003	16-Nov-10	Health)	Goodnight	Water	titanium oxide	sleep disturbances

П			l				
					Each 5ml of oral liquid		
					contains: 0.065 ml of liquid		
					extract from dried Lobelia		
					(Lobelia inflata L.) herb (1:1,		
				English Herbal	Extraction solvent: ethanol		
				Medicines Herbal	50% v/v; 1 ml of liquid extract		
				Quitacoff, Herbs Hands	from dried Squill (Urginea		
				Healing Lobelia and	maritima L.) bulb (1:10),		
				Squill Cough Mixture,	Extraction solvent: acetic acid		
				Brooke Green Lobelia &	(5.8 % w/v). Each 5ml of oral		
				Squill Cough Mixture	liquid also contains		Relief of coughs
				and Swiss Herbal	approximately 26 mg Ethanol		such as chesty
	THR		Rutland	Remedies Lobelia and	(alcohol) equivalent to 0.7 ml	Glycerol	coughs and dry
10	28255/0019	29-Oct-10	Biodynamics Ltd	Squill Cough Liquid	of beer or 0.3 ml of wine.	Concentrated Apple Juice	tickly coughs.
						Herbal extract: Maltodextrin,	
						Silica colloidal anhydrous. Tablet	
						core: Calcium hydrogen	
					Each film-coated tablet	phosphate dihydrate, Cellulose	
					contains: 300mg of extract	microcrystalline,	
					(as dry extract) from St John's	Hydroxypropylmethyl cellulose,	
					Wort aerial parts (Hypericum	Croscarmellose sodium, Silica	
					perforatum L.) (5-7:1)	colloidal hydrated, Magnesium	
					(equivalent to 1500 – 2100mg	stearate. Coating: Sodium	Relief of symptoms
					of St John's Wort).	Carboxymethlycellulose,	of slightly low
	THR		Natures		Extraction Solvent: Ethanol	Lecithin, Dextrose monohydrate,	mood and mild
11	33336/0003	20-Oct-10	Aid Ltd	Ucalm Tablets	60%v/v.	Sodium citrate, Dextrin	anxiety.

				Holland & Barrett St. John's Wort Capsules, GNC Live Well St. John's Wort Capsules, Lifecycle St. John's	Each capsule contains 150mg of extract (as dry extract) from St. John's Wort aerial	Microcrystalline cellulose, Magnesium stearate, Silica colloidal hydrated. Excipients in the extract: Maltodextrin,	Relief of symptoms
	THR		NBTY	Wort Capsules and Nature's Garden St.	parts (Hypericum perforatum L.) (5-7:1) (Extraction solvent:	Silica colloidal anhydrous. Capsule Shell: Hypromellose,	of slightly low mood and mild
12	21710/0002	09-Nov-10	Europe Limited	John's Wort Capsules	ethanol 60% v/v.	Titanium dioxide (E 171.)	anxiety.
13	THR 21710/0003	09-Nov-10	NBTY Europe Limited	Holland & Barrett Max Strength St. John's Wort Capsules, GNC Live Well Max Strength St. John's Wort Capsules, Lifecycle Max Strength St. John's Wort Capsules and Nature's Garden Max Strength St. John's Wort Capsules	Each capsule contains 300mg of extract (as dry extract) from St. John's Wort aerial parts (Hypericum perforatum L.) (5-7:1) (Equivalent to 1500mg – 2100mg of St. John's Wort), Extraction solvent: ethanol 60% v/v.	Microcrystalline cellulose, Magnesium stearate, Silica colloidal hydrated. Excipients in the extract: Maltodextrin, Silica colloidal anhydrous. Capsule Shell: Hypromellose	Relief of symptoms of slightly low mood and mild anxiety.
14	THR 00250/0217	14-Sep-10	Potters Ltd	Napiers Valerian Tincture	Each 5 ml of oral liquid contains 1g of Valerian root (Valeriana officinalis L.) 5ml of oral liquid contains approximately 1.05 ml of ethanol. (See section 4.4 'Special warnings and precautions for use'.)	Rectified Spirit (96% ethanol) Water	To aid sleep and temporary relief of symptoms opf mild anxiety

15	THR 34863/0001	27-Aug-10	PhytoCon GmbH & Co KG	PhytoCon SABAL Capsules	Each soft capsule contains 160mg of extract (as soft extract) from Saw palmetto fruit (Serenoa repens (Bartram) Small) (9-11:1), Extraction solvent: ethanol 96% (V/V).	Gelatin polysuccinate, Glycerol 85 %, Glycerol, Purified water, Titanium dioxide (E 171), Ferric oxide (E 172)	Help relieve urinary tract discomfort in men who have been told they have enlarged prostate(BHP)
				David Anna Dina Garak	5 ml [6.95 g] of oral liquid contains 1,445 mg of extract (as soft extract) from fresh Picea abies (L.) Karsten (spruce) shoots (0.9 – 1.2:1). Extraction solvent: Water; 5 ml of syrup contains 5.25 g of carbohydrate mainly	Purified water, Raw cane sugar,	Relief of coughs such as chesty coughs and dry
16	THR 13668/0019	06-Aug-10	Bioforce (UK) Ltd	Bronchosan Pine Cough	present as sucrose, glucose and fructose.	Honey, Concentrated pear juice, Pine oil	tickly irritating coughs and catarrh
10	12000/0013	00-Aug-10	Bioloice (UK) Ltd	syrup	and muclose.	Pille oii	coughs and Catarrii

						Tablet core: Lactose	
						monohydrate, Magnesium	
						stearate, Maize starch, Povidone	
						K25, Silica, colloidal anhydrous,.	
						Tablet coating: Calcium	
					1 coated tablet contains 18	carbonate, Castor oil virgin,	
					mg of Centaury herb	Glucose syrup (dry substance),	Help flushing of the
					(Centaurium erythraea Rafn.,	Iron oxide, red (E 172), Maize	urinary tract and to
					herba), 18 mg of Lovage root	starch, Maize starch, modified	assist in minor
					(Levisticum officinale Koch.,	Montan glycol wax, Povidone	urinary complaints
					radix) and 18 mg of Rosemary	K30, Riboflavin (E 101), Shellac,	associated with
	THR				leaf (Rosmarinus officinalis L.,	Sucrose, Talc, Titanium (IV) oxide	cystitis in women
17	26411/0003	06-Aug-10	BIONORICA SE	Cystipret coated tablets	folium).	(E 171)	only.

						Excipients of the herbal	
						preparation; Maltodextrin,	
						Colloidal Anhydrous Silica. Tablet	
						Core:	
						Calcium Hydrogen Phosphate	
						Dihydrate, Microcrystalline	
				Sainsbury's Echinacea		Cellulose, Croscarmellose	
				Skin Care Tablets,		Sodium	
				Tesco Echinacea Skin	Each film coated tablet	Colloidal Anhydrous Silica,	
				Care Tablets, Superdrug	contains: 71.5mg of extract	Magnesium Stearate. Film	
				Echinacea Skin Care	(dry extract) from Echinacea	coating: Hypromellose, Purified	
				Tablets, Gerard	purpurea root (6-7:1)	Talc, Mastercote Green	Symptomatic relief
			Brunel	House Echinacea Skin	(equivalent to 429 mg -	FA0511G, (Vegetable Carbon	of minor skin
			Healthcare	Care Tablets and	500mg of Echinacea purpurea	Black (E153), Copper,	conditions such as
	THR		Manufacturing	Herbalstore Echinacea	(L.) Moench, root), Extraction	Chlorophylin (E141), Titanium	spot, pimples and
18	20894/0070	06-Aug-10	Limited	Skin Tablets	solvent: Ethanol 30% v/v.	Dioxide (E171))	blemishes.

				Sainsbury's Echinacea			
				Cold and Flu Relief,			
				Tesco Echinacea Cold		Excipients of the herbal	
				and Flu Relief,		preparation; Maltodextrin,	
				Morrisons Echinacea		Colloidal Anhydrous Silica. Tablet	
				Cold and Flu Relief,		Core:	
				Superdrug Echinacea		Calcium Hydrogen Phosphate	
				Cold and Flu Relief,		Dihydrate, Microcrystalline	
				Wilko Echinacea Cold		Cellulose, Croscarmellose	
				and Flu Relief, Co-		Sodium,	
				op Echinacea Cold and		Colloidal Anhydrous Silica,	
				Flu Relief, Gerard	Each film coated tablet	Magnesium Stearate. Film	
				House Echinacea Cold	contains: 71.5mg of extract	coating: Hypromellose, Purified	
				and Flu Relief,	(dry extract) from Echinacea	Talc,	
				HERBALSTORE	purpurea root (6-7:1)	Mastercote Green FA0511G,	Relief of the
			Brunel	Echinacea Cold and Flu	(equivalent to 429 mg -	(Vegetable Carbon Black (E153),	symptoms of
			Healthcare	Relief and Waitrose	500mg of Echinacea purpurea	Copper	common cold and
	THR		Manufacturing	Echinacea Cold and	(L.) Moench, root). Extraction	Chlorophylin (E141), Titanium	influenza type
19	20894/0062	17-Mar-10	Limited	Flu Relief	solvent: Ethanol 30% v/v.	Dioxide (E171))	infections

				Sainsbury's Max			
				Strength Echinacea			
				Cold and Flu Relief,			
				Tesco Max Strength			
				Echinacea Cold and Flu			
				Relief, Morrisons Max			
				Strength Echinacea		Excipients of the herbal	
				Cold and Flu Relief,		preparation; Maltodextrin,	
				Superdrug Max		Colloidal Anhydrous Silica. Tablet	
				Strength Echinacea		Core:	
				Cold and Flu Relief,		Calcium Hydrogen Phosphate	
				Wilko Max Strength		Dihydrate, Microcrystalline	
				Echinacea Cold and Flu		Cellulose, Croscarmellose	
				Relief, Co-op Max		Sodium,	
				Strength Echinacea	Each film coated tablet	Colloidal Anhydrous Silica,	
				Cold and Flu Relief,	contains: 143.0 mg of extract	Magnesium Stearate. Film	
				Gerard House Max	(dry extract) from Echinacea	coating: Hypromellose, Purified	
				Strength Echinacea	purpurea root (6-7:1)	Talc,	Relief of the
			Brunel	Cold and Flu Relief and	(equivalent to 858 mg – 1000	Mastercote Yellow FA0117	symptoms of
			Healthcare	Waitrose Max Strength	mg of Echinacea purpurea (L.)	(Titanium Dioxide (E171), Yellow	common cold and
	THR		Manufacturing	Echinacea Cold	Moench, root). Extraction	Iron Oxide	influenza type
20	20894/0063	17-Mar-10	Limited	and Flu Relief	solvent: Ethanol 30% v/v	(E172))	infections

21	THR 18397/0005	09-Jun-10	Swiss Caps GmbH	HarpagoCaps, soft capsules	One soft capsule contains 225 mg of extract (as dry extract) from Harpagophytum procumbens D.C. and/or H. zeyheri L. Decne, radix (Devil's claw root) (3-5:1). Extraction solvent: Ethanol	Capsule filling: Lactose monohydrate, Silicon dioxide, precipitated, Soya-bean oil, refined, Coconut oil, refined, Palm kernel oil, fractionated, Beeswax, yellow, Phospholipids from soya-beans (Lecithin), Butter fat, Capsule shell, Gelatin, Glycerol, Sorbitol, liquid, partially dehydrated Ferric (III)-hydroxide- oxide (E 172) (Ferric oxide yellow) Water, purified	The relief of backache, rheumatic or muscular pain, and general aches and pains in the muscles and joints. Digestive disorders such as bloating and flatulence where there is loss of appetite.
22	THR 23056/0002	16-Oct-07	M H Pharma (UK)	PremHerb Film-coated Tablets	Each film-coated tablet contains: 4.0 mg of extract (as dry extract) from Agnus castus fruit (Vitex agnus castus L.) (7-13:1)(equivalent to 28-52 mg of Agnus castus). Extraction solvent: Ethanol 60% m/m.	Tablet core: Liquid glucose (dry substance), Silica, colloidal anhydrous, Lactose monohydrate, Magnesium stearate, Maize starch, Cellulose, microcrystalline, Sodium starch glycolate (Type A). Film coating: Lactose monohydrate, Hypromellose Macrogol 4000, Titanium dioxide E171, Iron(III)-oxide E172 (==red iron oxide)	Relief of premenstral symptoms.

							Relief from the symptoms of slightly low mood and mild anxiety.
23	THR 23056/0007	20-Feb-08	M H Pharma (UK) Ltd	HyperiCalm® Tablets	Each coated tablet contains: 425 mg of extract (as dry extract) from St John's wort aerial parts (Hypericum perforatum L.)(3.5- 6:1)(equivalent to 1490 – 2550 mg of St John's wort). Extraction solvent: Ethanol 60% v/v.	Tablet core: Maltodextrin, Silica, colloidal anhydrous, Cellulose, microcrystalline, Croscarmellose sodium, Sodium starch glycolate (Type A), Magnesium stearate. Coating: Hypromellose, Sucrose, Talc, Calcium carbonate E170, Tragacanth, Acacia, Liquid glucose (dry substance), Titanium dioxide E171, Iron oxide hydrate E172 (=yellow iron oxide), Vanillin, Beeswax white, Carnauba wax, Shellac	

						Excipients of the herbal	
						preparation: Maltodextrin,	
						Precipitated silicon dioxide, Citric	
						acid monohydrate. Excipients of	
						the soft capsule: Refined soya-	
						bean oil, Refined coconut oil,	
						White beeswax, Rice starch,	
						Fractionated palm kernel oil,	
						Phospholipids from soya-beans,	
						Succinylated gelatine, Glycerol,	
					One soft capsule contains 176	Non-crystallising sorbitol	Relieve the
					mg of dried pressed juice	solution 70 %, Titanium dioxide E	symptoms of the
					from fresh flowering	171, Ferric (II,III) oxide E 172,	common cold and
	THR			ECHINAFLU soft	Echinacea purpurea (L.)	Quinoline yellow E 104, Patent	influenza type
24	18397/0003	16-Jun-08	Swiss Caps GmbH	capsules	Moench herb (20-28:1).	blue V E 131, Purified water	infections
					1 g gel contains: 500 mg		
					extract (as liquid extract) of		
					fresh Arnica Flowers (Arnica		Symptomatic relief
					montana L.) (equivalent to		of muscular aches,
					120 - 200 mg fresh Arnica		pains and stiffness
	THR		Bioforce (UK)		Flowers) Extractant: ethanol	Ethanol (96 %), Purified water,	and sprains, bruises
25	13668/0009	30-Oct-06	Limited	Atrogel Arnica Gel	58 %v/v	Glycerol (85 %), Hypromellose	and swelling.

26	THR 13668/0011	10-Sep-07	Bioforce (UK) Limited	Prostasan Saw Palmetto Capsules	1 capsule contains 320mg of extract (as soft extract) from Saw palmetto fruit (Serenoa repens (Bartram) Small fructus (Sabal serrulata (Michaux) Nichols fructus)) (9-12:1). Extraction solvent: Ethanol 96% V/V.	Gelatin, Glycerol, Sorbitol, Ferric oxide red, Ferric oxide black, Ferric oxide yellow, Purified water	Relieve of symptoms of an enlarged prostate in men, such as the need to urinate frequently (especially at night), weak or interrupted urinary flow, or the feeling of not being able to empty the bladder completely
27	THR 23056/0006	19-Dec-07	M H Pharma (UK) Ltd	NiteHerb Tablets	150mg of extract (as dry extract) from Valerian root (Valeriana officinalis L.)(equivalent to 450-900 mg of Valerian root). Extraction solvent: Ethanol 70% v/v. One coated tablet contains 35 mg of glucose and 136 mg of sucrose.	Liquid glucose spray dried, Silica colloidal anhydrous, Cellulose powdered, Croscarmellose sodium, Stearic acid, Talc, Sucrose, Calcium carbonate E170, Acacia, Tragacanth, Titanium dioxide E 171, Capol 600 T.S. containing: Beeswax white, Carnauba wax, Shellac	Temporary relief of sleep disturbances due to symptoms of mild anxiety.

28	THR 23056/0001	26-Jan-07	M H Pharma (UK) Ltd	Flexiherb Film-coated Tablets	1 film-coated tablet contains 600 mg of extract (as dry extract aqueous) from Devil's Claw root (Harpagophytum procumbens) (equivalent to 900-1500 mg of Devil's Claw root).	Cellulose powdered, Lactose monohydrate, Sodium Starch Glycolate (Type A), Silica colloidal anhydrous, Magnesium stearate, Sucrose, Titanium dioxide E 171, Hypromellose, Cellulose microcrystalline, Stearic acid.	Relief of backache, rheumatic or muscular pain, and general aches and pains in the muscles and joints
29	THR 05332/0003	26-Mar-08	Dr. Willmar Schwabe GmbH & Co. KG Ltd	Kaloba Oral Drops, solution	10 g (= 9.75 ml) of oral solution contains 8.0 g extract from the roots of Pelargonium sidoides DC (1: 8 - 10) (EPs® 7630). Extraction solvent: 11% ethanol (w/w). 1 ml (approximately 20 drops) of Kaloba Oral Drops, solution contains 120 mg ethanol (alcohol) equivalent to 2.4 ml beer or 1.0 ml of wine.	Glycerol 85%, Ethanol	Relief of the symptoms of upper respiratory tract infections, including common cold, such as sore throat, cough and blocked or runny nose

					60 mg of extract (as dry		
					extract) from St John's Wort	Excipients of the herbal	
					Herb (Hypericum perforatum	preparation: Lactose	
					L.) (4.6-6.5:1), Extraction	monohydrate, glucose liquid	
					solvents: Ethanol 38% (m/m);	spray-dried, maltodextrin, silica	
					28 mg of extract (as dry	colloidal anhydrous. Excipients	
					extract) from Valerian Root	of the tablet: Lactose	
					(Valeriana officinalis L.) (3.8-	monohydrate, silica colloidal	
					5.6:1), Ethanol 40% (m/m);	anhydrous, talc, magnesium	
					32 mg of extract (as dry	stearate, povidone K30, glycerol	
					extract) from Passion Flower	(85 per cent), croscarmellose	
					Herb (Passiflora incarnata L.)	sodium. Excipients of the film	Relieve slightly low
					(6.25-7.1:1), Ethanol 60%	coating: Basic butylated	mood and mild
					(m/m) Each film-coated	methacrylate copolymer, talc,	anxiety and sleep
			PASCOE		tablet also contains: Lactose	titanium dioxide (E 171), indigo	disturbances due to
	THR		pharmazeutische	BOTANOVA, Film-	monohydrate (90.5 mg) and	carmine laquer (E 132), macrogol	symptom of mild
30	14369/0007	30-Apr-08	Präparate GmbH	coated tablets	glucose (10.4 mg)	6000, magnesium stearate.	anxiety

						Excipients of the herbal	
						preparation: Lactose	
						monohydrate, Cellulose	
					6.5 mg of extract (as dry	powdered, Silica colloidal	
					extract) from Black Cohosh	anhydrous. Excipients of the	
					rhizome and root (Cimicifuga	tablet: Silica colloidal anhydrous,	
					racemosa (L.) Nutt.) (4.5-	Magnesium stearate, Maize	
					8.5:1) (equivalent to 29.25-	starch, Cellulose	Relief of symptoms
					55.25 mg of Black Cohosh).	microcrystalline, Sodium starch	of the menopause,
					Extraction solvent: Ethanol	glycolate (type A). Excipients of	such as hot flushes,
					60% v/v. One film-coated	the film-coating: Hypromellose,	night sweats or
	THR		M H Pharma (UK)	Menoherb® Film-	tablet contains 142mg lactose	Macrogol 4000, Titanium dioxide	temporary changes
31	23056/0003	25-Jun-07	Ltd	coated Tablets	monohydrate.	E 171	of mood

		THR		M H Pharma (UK)		125 mg of extract (as dry extract) from Valerian root (Valeriana officinalis L.) (3-6:1) (equivalent to 375 – 750 mg of Valerian root). Extraction solvents: Ethanol 70% v/v, and 250mg of extract (as dry extract) from Passion flower herb (Passiflora incarnata L.) (5-7:1) (equivalent to 1250 – 1750 mg of Passion flower	Tablet core: Maltodextrin, Silica colloidal anhydrous, Cellulose powdered, Croscarmellose sodium, Magnesium stearate, Stearic acid, Talc, Liquid glucose spray dried. Coating: Sucrose, Talc, Calcium carbonate E170, Acacia, Tragacanth, Titanium dioxide E 171, Liquid glucose spray dried, Iron oxide hydrate E 172 (=yellow iron oxide), Hypromellose, Capol 600 T.S. containing: white Beeswax,	Temporary relief of sleep disturbances due to symptoms of
- 3	32	23056/0009	03-Mar-08	Ltd	NiteHerb Plus® tablets	herb), Ethanol 50% v/v	Carnauba wax, Shellac	mild anxiety
						One effervescent tablet contains 176 mg of dried pressed juice from fresh	Excipients of the herbal preparation: Maltodextrin, Precipitated silicon dioxide, Citric acid monohydrate. Excipients of	Daliava tha
						flowering Echinacea purpurea	the tablet: Ascorbic acid, Sodium	Relieve the
						(L.) Moench herb (20-28:1).	hydrogen carbonate, Saccharin	symptoms of the
						This product contains 17.05	sodium, Sodium cyclamate, Citric	common cold and
		THR			ECHINAFLU	mmol (or 392 mg) sodium per	acid anhydrous, Citric flavour,	influenza type
3	33	18397/0004	16-Jun-08	Swiss Caps GmbH	effervescent tablets	tablet.	Permaseal 84260-51.	infections

					One tablet contains 70mg of extract (as dry extract) from	Herbal extract: Maltodextrin, Silica colloidal hydrated. Tablet	2.11
					Echinacea purpurea root (equivalent to 460 – 530mg	core: Calcium hydrogen phosphate dihydrate, Cellulose	Relieve the symptoms of the
					of Echinacea purpurea(L.)	microcrystalline, Silica colloidal	common cold and
	THR	_	Natures Aid		Moench root.) Extraction	hydrated, Crosscarmellose	influenza type
34	16409/0002	31-Jul-08	Health Products	EchinEeze Tablets	solvent: Ethanol 30% v/v.	sodium, Magnesium stearate	infections
					200 mg of extract (as dry	Microcrystalline cellulose,	
					extract) from Rhodiola rosea	croscarmellose sodium,	
					L. roots and rhizomes (1.5 –	precipitated silicon dioxide,	Temporary relief of
					5: 1) (WS® 1375) (equivalent to 300 – 1000 mg of Rhodiola	magnesium stearate, hypromellose, stearic acid, iron	symptoms associated with
			Dr. Willmar		rosea roots and rhizomes)	oxide red (iron (III) oxide),	stress, such as
	THR		Schwabe GmbH	Vitano Film-coated	Extraction agent: ethanol 60	titanium dioxide, anti foam	fatigue, exhaustion
35	05332/0004	24-Jul-08	& Co. KG	Tablets	% (m/m)	emulsion.	and mild anxiety
					Each capsule contains 400mg		Temporary relief of
	THR		Bio-Health		of Valerian root. (Valeriana		mild anxiety and to
36	15817/0004	11-Jul-08	Limited	VALDRIAN Capsules	officinalis L.)	Hypromellose (capsule shell)	aid sleep
					One tablet contains 40-73 mg		
					of extract (as dry extract)		
					from fresh St John's wort		
					(Hypericum perforatum L.)		5 11 66 11
					flowering herb (3.1-4.0:1). Extraction solvent: Ethanol	Microcrystalline cellulose, Maize	Relief from the
	THR			Hyperiforce St. John's	68% V/V. One tablet contains	starch, Soya polysaccharide,	symptoms of slightly low mood
37	_	21-May-08	Bioforce (UK)	wort tablets	5.5 mg soya polysaccharide.	Hydrogenated cotton seed oil	and mild anxiety

38	THR 01175/0004	10-Oct-08	A. Nelson & Co. Limited	Duchy Herbals Echina- Relief Tincture	Each 1ml of oral liquid contains 1ml of tincture from dried Echinacea purpurea (L.) Moench root (1:3) (equivalent to 33 mg dried root). Extraction solvent: Ethanol 45% v/v. 1 ml of tincture contains approximately 360 mg ethanol (alcohol) equivalent to 9 ml beer or 4 ml wine.	Ethanol (from tincture)	Relieve the symptoms of the common cold and influenza type infections
39	THR 01175/0123	10-Oct-08	A. Nelson & Co. Limited	Duchy Herbals Hyperi- lift Tincture	Each 1ml of oral liquid contains 1ml of tincture from dried St John's Wort (Hypericum perforatum L.) flowering tops (1:4). Extraction solvent: Ethanol 45% v/v. 1ml of tincture contains approximately 360mg ethanol (alcohol), equivalent to 9 ml of beer or 4 ml of wine.	Ethanol (from tincture)	Relieve the symptoms of slightly low mood and mild anxiety

40	THR 33518/0011- 12	16-Dec-08	Diapharm Regulatory Services GmbH	DiaSleep and DiaNight	150 mg of extract (as dry extract) from Valerian root (Valeriana officinalis L.) (equivalent to 450-900 mg of Valerian root). Extraction solvent: Ethanol 70% v/v. One coated tablet contains 35 mg of glucose and 136 mg of sucrose.	Liquid glucose spray dried, Silica colloidal anhydrous, Cellulose powdered, Croscarmellose sodium, Stearic acid, Talc, Sucrose, Calcium carbonate E170, Acacia, Tragacanth, Titanium dioxide E 171, Capol 600 T.S. containing: Beeswax white, Carnauba wax, Shellac	Temporary relief of symptoms of mild anxiety and as an aid to sleep. Temporary relief of sleep disturbances due symptoms of mild anxiety.
41	THR 33518/0001- 2	22-Dec-08	Diapharm Regulatory Services GmbH	DiaSleep Plus tablets and DiaNight Plus tablets	125 mg of extract (as dry extract) from Valerian root (Valeriana officinalis L.) (3-6:1) (equivalent to 375 – 750 mg of Valerian root). Extraction solvent: Ethanol 70% v/v, and 250 mg of extract (as dry extract) from Passion flower herb (Passiflora incarnata L.) (5-7:1) (equivalent to 1250 – 1750 mg of Passion flower herb), Ethanol 50% v/v	Tablet core: Maltodextrin, Silica colloidal anhydrous, Cellulose powdered, Croscarmellose sodium, Magnesium stearate, Stearic acid, Talc, Liquid glucose spray dried. Coating Sucrose: Talc, Calcium carbonate E170, Acacia, Tragacanth, Titanium dioxide E 171, Liquid glucose spray dried, Iron oxide hydrate E 172 (=yellow iron oxide), Hypromellose, Capol 600 T.S. containing: Beeswax white, Carnauba wax, Shellac	Temporary relief of sleep disturbances due symptoms of mild anxiety.

42	THR 13668/0017	19-Feb-09	Bioforce (UK) Ltd	Dormeasan Valerian- Hops oral drops	0.5 ml of tincture from Valerian root (Valeriana officinalis L.) (1:10-11). Extraction solvent: Ethanol 58% V/V. and 0.5 ml of tincture from Hop strobile (Humulus lupulus L.) (1:12- 13). Extraction solvent: Ethanol 65% V/V. 1 ml is equivalent to 35 drops.	From tincture: Ethanol, Water	Temporary relief of sleep disturbances caused by symptoms of mild anxiety.
43	THR 23056/0005	19 February 2009	Schwabe Pharma (UK) Ltd	Digestherb hard capsules	400mg of extract (as dry extract) from Artichoke leaf (Cynara scolymus L.) (equivalent to 1600-2400 mg of dry herb).Extraction solvent: Water. Each capsule contains 85 mg lactose.	Extract excipients: Lactose monohydrate, Silica colloidal anhydrous. Other excipients: Talc, Magnesium stearate, Silica colloidal anhydrous, Maize starch, Lactose monohydrate, Gelatin, Titanium dioxide E171, Sodium lauryl sulfate, Iron (III)-oxide E172 (=red iron oxide) Iron oxide hydrate E172 (=yellow iron oxide), Chlorophyllin copper complex E141	Relief of digestive complaints such as indigestion, upset stomach, nausea, feelings of fullness and flatulence (wind) particularly when caused by overindulgence in food & drink

	THR	27 February	Schwabe Pharma	RelaxHerb coated	1 coated tablet contains 425mg of extract (as dry extract aqueous ethanolic 50% v/v) from Passion flower (Passiflora incarnata L.)(equivalent to 2125 – 2975 mg of Passion flower). Each coated tablet contains 187 mg of sucrose and 5 mg of	Extract excipients: Maltodextrin, Silica colloidal anhydrous. Tablet core: Maltodextrin, Silica colloidal anhydrous, Cellulose powdered, Croscarmellose sodium, Magnesium stearate, Stearic acid, Talc. Coating: Sucrose, Talc, Calcium carbonate E170, Acacia, Tragacanth, Titanium dioxide E171, Liquid glucose spray dried, Iron oxide hydrate E172 (=yellow iron oxide), Hypromellose Capol 600 T.S. containing: Beeswax white,	Temporary relief of the symptoms associated with stress, such as mild
4		2009	(UK) Ltd	Tablets	glucose.	Carnauba wax, Shellac	anxiety.
	THR			Ginkgoforce Ginkgo	1 tablet contains 90 mg of extract (as dry extract) from Ginkgo biloba L. fresh leaf (3- 5:1). Extraction solvent:	Microcrystalline cellulose, Magnesium stearate, Soya	Relief of the symptoms of Raynaud's syndrome and
4	5 13668/0016	15-May-09	Bioforce (UK) Ltd	biloba tablets	Ethanol 60% m/m.	polysaccharide	tinnitus.

46	THR 12297/0013	15-Apr-09	LABORATOIRES ARKOPHARMA	HARPADOL	Each capsule contains 435 mg Devil's Claw root (Harpagophytum procumbens D.C. and/or H. zeyheri L. Decne).	Magnesium stearate, Silica colloidal hydrated, Hypromellose (capsule shell)	The relief of backache, rheumatic or muscular pain, and general aches and pains in the muscles and joints.
47	THR 05332/0005	31-Mar-09	Dr. Willmar Schwabe GmbH & Co. KG	Kaloba film-coated tablets	1 film-coated tablet contains 20 mg of extract (as dry extract) from the roots of Pelargonium sidoides DC (1: 8 - 10) (EPs® 7630) Extraction solvent 11% ethanol (w/w).	Extract: Maltodextrin. Tablet core: Maltodextrin, Microcrystalline cellulose, Lactose monohydrate, Croscarmellose sodium, Precipitated silica, Magnesium stearate. Film-coating: Hypromellose 5 mPas, Macrogol 1500, Iron oxide yellow E172, Iron oxide red E172, Titanium dioxide E171, Talc, Simeticone, Methylcellulose, Sorbic acid.	Relief of symptoms of upper respiratory tract infection including common cold, sore throat, cough, blocked & runny nose
48	THR 20346/0003	23-Jun-09	Viridian Pharma Ltd	Peppermint Water BP 1973	Each 5ml of oral solution contains 2.5 microlitres of Peppermint oil (Mentha x piperita L.)	Glycerol, Nipasept Sodium, (sodium methyl, ethyl and propyl parahydroxybenzoates [E219,E215 and E217]) Carbomer, Citric Acid anhydrous, Purified Water	Symptomatic relieve of minor digestive complaints such as indigestion, flatulence and stomach cramps.

					One tablet contains 1,140 mg of extract (as dry extract) from fresh Echinacea purpurea (L.) Moench herb (1:12) and 60 mg of extract (as dry extract) from fresh		Relief of the
					Echinacea purpurea (L.)	Lactose monohydrate,	symptoms of
					Moench root (1:11).	Pregelatinised starch, Soya	common cold &
١,	THR	11 1 00	Dieferee (IIII) Ital	Echinaforce Forte Cold	Extraction solvent: Ethanol	polysaccharide, Magnesium	influenza type infections
4	13668/0013	11-Jun-09	Bioforce (UK) Ltd	& Flu Tablets	65% v/v	stearate	infections
5	THR 0 15817/0005	03-Sep-09	Bio- Health Limited	SALVIAN Capsules	Each capsule contains 300mg of Sage Leaf. (Salvia officinalis L.)	Hypromellose (capsule shell)	Relief of excessive sweating associated with the menopause
5	THR L 34768/0002	08-Jul-09	Bioplanta (UK) Ltd	MenoCool® Film-coated Tablets	6.5 mg of extract (as dry extract) from Black Cohosh rhizome and root (Cimicifuga racemosa (L.) Nutt.) (4.5-8.5:1) (equivalent to 29.25-55.25 mg of Black Cohosh). Extraction solvent: Ethanol 60% v/v. One film-coated tablet contains 142 mg lactose monohydrate.	Excipients of the herbal preparation: Lactose monohydrate, Cellulose powdered, Silica colloidal anhydrous. Excipients of the tablet: Silica colloidal anhydrous, Magnesium stearate, Maize starch, Cellulose microcrystalline, Sodium starch glycolate (type A). Excipients of the film-coating: Hypromellose, Macrogol 4000, Titanium dioxide E 171	Relief of the symptoms of menopause such hot flushes, night sweats and temporary changes in mood.

52	THR 33518/0009- 10	09-Jul-09	Diapharm Regulatory Services GmbH	DiaHarp Tablets and DiaBackpain Tablets	600 mg of extract (as dry extract aqueous) from Devil's Claw root (Harpagophytum procumbens) (equivalent to 900-1500 mg of Devil's Claw root).	Cellulose powdered, Lactose monohydrate, Sodium Starch Glycolate (Type A), Silica colloidal anhydrous, Magnesium stearate, Sucrose, Titanium dioxide E 171, Hypromellose Cellulose microcrystalline, Stearic acid	The relief of backache, rheumatic or muscular pain, and general aches and pains in the muscles and joints.
53	THR 33518/0005	03-Jul-09	Diapharm Regulatory Services GmbH	DiaCimi Tablets	6.5mg of extract (as dry extract) from Black Cohosh rhizome and root (Cimicifuga racemosa (L.) Nutt.) (4.5-8.5:1) (equivalent to 29.25-55.25 mg of Black Cohosh). Extraction solvent: Ethanol 60% v/v.	Excipients of the herbal preparation: Lactose monohydrate, Cellulose powdered, Silica colloidal anhydrous. Excipients of the tablet: Silica colloidal anhydrous, Magnesium stearate, Maize starch, Cellulose microcrystalline, Sodium starch glycolate (type A). Excipients of the film-coating: Hypromellose, Macrogol 4000, Titanium dioxide	Relief of the symptoms of the menopause, such as hot flushes, night sweats, nervous irritability and restlessness

					6.5mg of extract (as dry extract) from Black Cohosh rhizome and root (Cimicifuga racemosa (L.) Nutt.) (4.5-8.5:1) (equivalent to 29.25-	Excipients of the herbal preparation: Lactose monohydrate, Cellulose powdered, Silica colloidal anhydrous. Excipients of the tablet: Silica colloidal anhydrous, Magnesium stearate, Maize starch, Cellulose microcrystalline, Sodium starch glycolate (type A). Excipients of	Relief of the symptoms of the menopause, such as hot flushes, night
					1	1 9	
			Diapharm		55.25 mg of Black Cohosh).	the film-coating: Hypromellose,	sweats, nervous
	THR		Regulatory	DiaBlack Cohosh	Extraction solvent: Ethanol	Macrogol 4000, Titanium dioxide	irritability and
54	33518/0006	04-Jul-09	Services GmbH	Tablets	60% v/v.	E 171	restlessness

						Extract excipients: Maltodextrin,	
						Silica colloidal anhydrous. Tablet	
						core: Silica colloidal anhydrous,	
						Cellulose powdered,	
						Croscarmellose sodium,	
						Magnesium stearate, Stearic	
						acid, Talc, Coating: Sucrose, Talc,	
						Calcium carbonate E170, Acacia,	
					425 mg of extract (as dry	Tragacanth, Titanium dioxide E	
					extract) from Passion flower	171, Liquid glucose spray dried,	
					herb (Passiflora incarnata L.)	Iron oxide hydrate E 172 (=	Temporary relief of
					(5-7:1) (equivalent to 2125-	yellow iron oxide), Hypromellose	the symptoms
			Diapharm		2975 mg of Passion flower	Capol 600 T.S containing:	associated with
	THR		Regulatory		herb). Extraction solvent:	Beeswax white, Carnauba wax,	stress, such as mild
55	33518/0008	07-Jul-09	Services GmbH	DiaPassion Tablets	Ethanol 50% v/v	Shellac	anxiety

						Excipients of the herbal	
						preparation: Lactose monohydrate, Cellulose	
					6.5mg of extract (as dry	powdered, Silica colloidal	
					extract) from Black Cohosh	anhydrous. Excipients of the	Relief of the
					rhizome and root (Cimicifuga	tablet: Silica colloidal anhydrous,	symptoms of the
					racemosa (L.) Nutt.) (4.5 – 8.5 : 1) (equivalent to 29.25 -	Magnesium stearate, Maize starch, Cellulose	menopause, such as hot flushes, night
					55.25 mg of Black Cohosh).	microcrystalline, Sodium starch	sweats and
					Extraction Solvent: Ethanol	glycollate (type A). Excipients of	temporary changes
					60% (v/v). One film-coated	the film-coating: Hypromellose,	in mood (for
	THR		Cassella-Med	Kira® meno film-coated	tablet contains 142 mg	Macrogol 4000, Titanium dioxide	instance irritability
56	29860/0002	04-Aug-09	GmbH & Co. KG	tablets	lactose monohydrate.	E 171	and restlessness).
						Dextrin white, Silica colloidal	
			Diapharm		1 hard capsule contains:	anhydrous, Talc, Magnesium	
	THR		Regulatory	DiaMigraine Hard	100mg Feverfew herb	stearate, Titanium dioxide E171,	Prevention of
57	33518/0013	29-Jul-09	Services GmbH	capsules	(Tanacetum parthenium).	Hypromellose	migraine headaches
						Doytrin white Silica colleidal	
			Diapharm		1 hard capsule contains:	Dextrin white, Silica colloidal anhydrous, Talc, Magnesium	
	THR		Regulatory	DiaFeverfew Hard	100mg Feverfew herb	stearate, Titanium dioxide E171,	Prevention of
58	33518/0014	29-Jul-09	Services GmbH	capsules	(Tanacetum parthenium).	Hypromellose	migraine headaches

					250 mg of extract (as dry extract) from St John's wort aerial parts (Hypericum	Extract: Lactose monohydrate, Calcium hydrogen phosphate dihydrate, Cellulose powdered, Silica colloidal anhydrous. Tablet core: Cellulose powdered, Magnesium Stearate, Silica	
					perforatum L.)(3.5- 6:1)(equivalent to 875 – 1500	colloidal anhydrous, Sodium starch glycolate (type A), Stearic	
					mg of St John's wort).	acid. Film-coating: Eudragit E	
					Extraction solvent: Ethanol	100, Hypromellose, Macrogol	Relief of the
					60% v/v. Each film-coated	6000, Talc, Titanium dioxide E	symptoms of
	THR			Mood Boost film-	tablet contains: Lactose	171, Iron oxide hydrate E 172 (=	slightly low mood
59	34768/0001	27-Jul-09	Bioplanta UK Ltd	coated tablets	monohydrate (11 mg).	yellow iron oxide)	and mild anxiety.

					250 mg of extract (as dry	Extract: Lactose monohydrate, Calcium hydrogen phosphate dihydrate, Cellulose powdered, Silica colloidal anhydrous. Tablet	
				Karmamood film- coated tablets and	extract) from St John's wort aerial parts (Hypericum perforatum L.)(3.5- 6:1)(equivalent to 875 – 1500 mg of St John's wort). Extraction solvent: Ethanol	core: Cellulose powdered, Magnesium Stearate, Silica colloidal anhydrous, Sodium starch glycolate (type A), Stearic acid. Film-coating: Eudragit E 100, Hypromellose, Macrogol	Relief of the
	THR		Schwabe Pharma	Lloydspharmacy St John's wort film-coated	60% v/v. Each film-coated tablet contains: Lactose	6000, Talc, Titanium dioxide E 171, Iron oxide hydrate E 172 (=	symptoms of slightly low mood
60	23056/0011	27-Jul-09	(UK) Ltd	tablets	monohydrate (11 mg).	yellow iron oxide)	and mild anxiety.
					4mg of extract (as dry extract) from Agnus Castus fruit (Vitex agnus castus L.) (7 –13:1) (equivalent to 28 - 52	Tablet core: Liquid glucose (dry substance), Silica colloidal anhydrous, Lactose monohydrate, Magnesium stearate, Maize starch, Cellulose microcrystalline, Sodium starch glycollate (type A). Film-coating: Hypromellose, Lactose	
	TUD		Cassalla med	Kina Dram Film costs d	mg of Agnus Castus).	monohydrate, Macrogol 4000,	Relief of
61	THR 29860/0003	07-Oct-09	Cassella-med GmbH & Co. KG	Kira Prem Film-coated Tablets	Extraction Solvent: Ethanol 60% (m/m).	Titanium dioxide E 171 Iron(III)- oxide E172 (red iron oxide)	premenstrual symptoms

						Futurant avainiants, Maltadaytvin	
						Extract excipients: Maltodextrin, Silica colloidal anhydrous.Tablet	
						=	
						core: Maltodextrin, Silica	
						colloidal anhydrous, Cellulose	
						powdered, Croscarmellose	
						sodium, Magnesium stearate,	
						Stearic acid, Talc. Coating:	
						Sucrose, Talc, Calcium carbonate	
					425 mg of extract (as dry	E170, Acacia, Tragacanth,	
					extract) from Passion Flower	Titanium dioxide E171, Liquid	
					Herb (Passiflora incarnata L.)	glucose spray dried, Iron oxide	
					(5- 7:1). Extraction solvent:	hydrate E172 (= yellow iron	
			PASCOE		ethanol 50% v/v Each coated	oxide), Hypromellose, Capol 600	Temporary relief of
	THR		pharmazeutische		tablet contains 5 mg glucose	T.S. containing: Beeswax white,	mild anxiety and to
62	14369/0008	21-Dec-09	Präparate GmbH	PASCOE Calm tablets	and 187 mg sucrose.	Carnauba wax, Shellac	aid sleep.

63	THR 01074/0002	05-Mar-10	G. R. Lane Health Products Limited	Kalms Night	Dry extract from Valerian root (Valeriana officinalis L.,) (equivalent to 1.5-2.5g of Valerian root) Extraction solvent: Ethanol 60%V/V	Extract excipients: Maltodextrin, Colloidal anhydrous silica. Tablet Core: Croscarmellose Sodium, Magnesium Stearate, Prosolv SMCC50 (Silicified Microcrystalline Cellulose), Talc, Silicon Dioxide. Tablet Coating: Opadry White (Polyvinyl Alcohol (PVA) part hydrolysed, Titanium Dioxide, Polyethylene Glycol (PEG) 3350, Talc)	Temporary relief of sleep disturbances
64	THR 13668/0015	14-Jan-10	Bioforce (UK) Ltd	Echinaforce Junior Cold & Flu Tablets	One tablet contains 380 mg of extract (as dry extract) from fresh Echinacea purpurea (L.) Moench herb (1:12) and 20 mg of extract (as dry extract) from fresh Echinacea purpurea (L.) Moench root (1:11). Extraction solvent: Ethanol 65% v/v	Sorbitol, Betadex, Silica colloidal anhydrous, Magnesium stearate, Orange flavour	Relief of the symptoms of common cold and influenza type infections

65	THR 26411/0001	24-Mar-10	BIONORICA SE	Cyclopret Film-Coated Tablets	1 film-coated tablet contains 4.0 mg of extract (as dry extract) from Agnus castus fruit (Vitex agnus castus L., fructus) (7 - 11 : 1). Extraction solvent: Ethanol 70 % V/V. Also contains lactose monohydrate (25 mg per tablet).	Herbal Preparation: Povidone. Tablet core: Silica colloidal anhydrous, Potato starch, Lactose monohydrate, Cellulose microcrystalline, Magnesium stearate. Film coating: Talc, Titanium dioxide (E 171), Iron oxide yellow (E 172), Indigo carmine (E 132), Macrogol 6000, Ammonium methacrylate- copolymer (type A)	To help relive premenstrual symptoms such as irritability, mood swings, breast tenderness, bloating and menstrual cramps.
66	THR 13668/0020	12-Mar-10	Bioforce (UK) Ltd	Menoforce Sage tablets	1 tablet contains 51 mg of dried tincture from fresh Sage (Salvia officinalis L.) leaves (1:17-18). Extraction solvent: Ethanol 68% V/V.	Microcrystalline cellulose, Sucrose laurate, Hydrogenated cottonseed oil	Relief of excessive sweating associated with menopausal hot flushes, including night sweats.

					112.5 mg of extract (as dry extract) from Melissa leaf (Melissa officinalis L.) (4-6:1) (equivalent to 450-675 mg of Melissa leaf). Extraction solvent: Methanol 30% v/v and 125 mg of extract (as dry extract) from Valerian root (Valeriana officinalis L.) (3-6:1) (equivalent to 375 – 750	Excipients of the herbal preparations: Maltodextrin, Silica colloidal anhydrous, Liquid glucose spray dried. Excipients of the tablet: Silica colloidal	
					mg of Valerian root). Extraction solvent: Ethanol	anhydrous, Cellulose powdered, Croscarmellose sodium, Stearic	
					70% v/v, and 80 mg of extract	acid, Talc. Excipients of the	Temporary relief of
					(as dry extract) from Passion	coating: Sucrose, Talc, Calcium	the symptoms of
					flower herb (Passiflora	carbonate E170, Acacia,	mild anxiety, to aid
					incarnata L.) (5-7:1)	Tragacanth, Titanium dioxide E	sleep and for mild
					(equivalent to 400-560 mg of	171, Liquid glucose spray dried,	digestive
			Diapharm		Passion flower herb).	Quinoline yellow E 104, Indigotin	complaints, such as
	THR		Regulatory		Extraction solvent: Ethanol	85 E 132, Beeswax white,	bloating and
67	33518/0003	08-Mar-10	Services GmbH	DiaRelax Tablets	50% v/v	Carnauba wax, Shellac	flatulence.

			I				
				Galpharm Herbal Cold			
				and Flu Sachets, Asda			
				Herbal Cold and Flu			
				Sachets, Tesco Herbal			
				Cold and Flu Sachets,			
				Morrisons Herbal Cold		Excipients of the herbal	
				and Flu Sachets,	71.5 mg extract (dry extract)	preparation; Maltodextrin, Silica	
				Superdrug Herbal Cold	from Echinacea purpurea	colloidal anhydrous. Other	
				and Flu Sachets, Wilko	root (6-7:1) (equivalent to	excipients; Maltodextrin, Sodium	
				Herbal Cold and Flu	429 – 500 mg of Echinacea	Citrate, Citric Acid, Acesulflame	
				Sachets, Boots Herbal	purpurea (L.) Moench, root)	K, Aspartame (E951), Quinoline	
				Flu Relief Sachets,	Extraction solvent: Ethanol	Yellow (E104), Lemon Flavour	Relief of the
				Herbalstore Herbal Cold	30% v/v Ancilliary vitamins /	F/29088, Lemon Flavour	symptoms of
			Wrafton	and Flu Sachets and	minerals Zinc 5mg (as 13.73	F/29089, Lemon Flavour	common cold and
	THR		Laboratories	Sainsbury's Herbal Cold	mg sulphate monohydrate)	F/28151, Lemon Flavour	influenza type
68	12063/0010	23-Mar-10	Limited	and Flu Sachets	Ascorbic Acid 60mg.	501.476/AP05.04	infections
					One soft capsule contains 160		
					mg of extract (as soft extract)		Relief of lower
					from Saw palmetto fruit		urinary tract
					(Serenoa repens (Bartram)		symptoms in men
					Small fructus (Sabal serrulata		who have a
					(Michaux) Nichols fructus))		confirmed diagnosis
	THR			Prostamen soft	(10-14:1). Extraction solvent:	Succinylated gelatine, glycerol,	of benign prostatic
69	18397/0008	23-Mar-10	Swiss Caps GmbH	capsules	Ethanol 90 % (m/m)	purified water	hypertrophy.

						Extract excipients: Maltodextrin, Silica colloidal anhydrous. Tablet core: Silica colloidal anhydrous, Cellulose microcrystalline, Croscarmellose sodium, Sodium starch glycolate (type A), Magnesium stearate. Coating:	
					Each coated tablet contains 425 mg of extract (as dry	Hypromellose, Sucrose, Talc, Calcium carbonate E 170,	
					extract) from St. John's wort aerial parts (Hypericum	Tragacanth, Acacia, Liquid glucose (dry substance),	
					perforatum L.) (3.5-6:1)	Titanium dioxide E 171, Iron	Relief of symptoms
	THR			Nouvement Coated	(equivalent to 1490- 2550 mg	oxide hydrate E 172 (=yellow	of slightly low mood and mild
70	26411/0004	26-May-10	BIONORICA SE	Neuropret Coated Tablets	of St. John's wort). Extraction solvent: Ethanol 60% m/m.	iron oxide), Vanillin, Beeswax white, Carnauba wax, Shellac	anxiety.

71	THR 26411/0002	09-Jun-10	BIONORICA SE	Menopret Film-coated Tablets	One film-coated tablet contains 6.5 mg of extract (as dry extract) from black cohosh rhizome and root (Cimicifuga racemosa (L.) Nutt.) (4.5 – 8.5 : 1) (equivalent to 29.25 - 55.25 mg of black cohosh). Extraction solvent: Ethanol 60 % V/V. One film-coated tablet contains 23 mg lactose monohydrate.	Herbal preparation: Lactose monohydrate, Cellulose powdered, Silica colloidal anhydrous. Tablet core: Cellulose powder, Silica colloidal anhydrous, Lactose monohydrate, Magnesium stearate, Maize starch, Calcium hydrogen phosphate, Sodium starch glycolate (type A). Tablet coating: Lactose monohydrate, Hypromellose, Macrogol 4000, Titanium dioxide (E 171), Iron oxide red (E 172), Iron oxide yellow (E 172)	Relief of symptoms associated with the menopause, such as hot flushes, night sweats, poor sleep, mood changes, and irritability
72	THR 28255/0017	29-Jun-10	Rutland Biodynamics Ltd	English Herbal Medicines Valerian Relaxisleep, Herbs Hands Healing ValRelax, Brooke Green Valerian Elixir and Swiss Herbal Remedies Valerian Elixir	Each 5ml of oral liquid contains 1.5 ml of tincture from dried Valerian (Valeriana officinalis L.) root (1:8). Extraction solvent: Ethanol 57% v/v. 5 ml of oral liquid contains approximately 1.25g Ethanol (alcohol), equivalent to 32 ml of beer or 13 ml of wine and 734 mg sucrose.	Liquorice Liquid Extract, Orange Oil, Lemon Oil, Coriander Oil, Anise Oil, Ethanol (90%,) Sucrose, Water	Temporary relief of symptoms of mild anxiety and as an aid to sleep.

73	THR 05332/0006	11-Jun-10	Dr. Willmar Schwabe GmbH & Co. KG	Kaloba Syrup	100 g (= 93.985 ml) syrup contain 0.2506 g dried liquid extract from the roots of Pelargonium sidoides DC (1: 8 - 10) (EPs® 7630). The extraction agent is 11% ethanol (w/w).	Extract: Maltodextrin. Syrup: Xylitol, Glycerol 85%, Citric acid anhydrous, Potassium sorbate, Xanthan gum, Purified water	Relief of symptoms of upper respiratory tract infection including common cold, sore throat, cough, blocked & runny nose
74	THR 13668/0025	06-Jul-10	Bioforce (UK) Ltd	Echinaforce Chewable Cold & Flu Tablets	One tablet contains 380 mg of extract (as dry extract) from fresh Echinacea purpurea (L.) Moench herb (1:12) and 20 mg of extract (as dry extract) from fresh Echinacea purpurea (L.) Moench root (1:11). Extraction solvent: Ethanol 65% v/v	Sorbitol, Betadex, Silica colloidal anhydrous, Magnesium stearate, Orange flavour	Relief of the symptoms of common cold & influenza type infections
75	THR 32294/0001	26-Jul-10	PlantaPhile Ltd	Sinueeze Coated Tablets	12 mg Gentian root (Gentiana lutea L.), 36 mg Verbena herb (Verbena officinalis L.), 36 mg Sorrel herb (Rumex acetosa L.), 36 mg Elder flower (Sambucus nigra L.), 36 mg Primula flower with calyx (Primula veris L.).	Tablet core: Colloidal anhydrous silica, Cellulose powder, Maltodextrin, Croscarmellose sodium, Magnesium stearate (vegetable). Tablet coating: Hypromellose, Sucrose, Talc, Calcium carbonate, Tragacanth, Acacia, Titanium dioxide E 171, Anhydrous glucose, Shellac, White beeswax, Carnauba wax	Relieve nasal congestion & sinusitis

76	THR 32294/0002	26-Jul-10	PlantaPhile Ltd	Sinuherb Coated Tablets	12 mg Gentian root (Gentiana lutea L.), 36 mg Verbena herb (Verbena officinalis L.), 36 mg Sorrel herb (Rumex acetosa L.), 36 mg Elder flower (Sambucus nigra L.), 36 mg Primula flower with calyx (Primula veris L.).	Tablet core: Colloidal anhydrous silica, Cellulose powder, Maltodextrin, Croscarmellose sodium, Magnesium stearate (vegetable). Tablet coating: Hypromellose, Sucrose, Talc, Calcium carbonate, Tragacanth, Acacia, Titanium dioxide E 171, Anhydrous glucose, Shellac, White beeswax, Carnauba wax	Relieve nasal congestion & sinusitis
77	THR 12297/0014	20-Jul-10	LABORATOIRES ARKOPHARMA	PHYTOCALM	1 capsule contains 300 mg Passion Flower herb (Passiflora incarnata L., herba).	Hypromellose (capsule shell)	Temporary relief of symptoms associated with stress such as mild anxiety and to aid sleep.
78	THR 13668/0012	11-Jan-08	Atrosan Devil's Claw tablets	Bioforce (UK) Limited	One film-coated tablet contains 480mg of extract (as dry extract) from Devil's claw (Harpagophytum procumbens D.C. and/or H. zeyheri L. Decne.) root (1.5-3.0:1). Extraction solvent: Ethanol 60% V/V.	For the tablet: Lactose monohydrate, Maize starch, Cellulose microcrystalline, Silica colloidal anhydrous, Magnesium stearate (vegetable source), Silica precipitated. For the film coating: Talc, Titanium dioxide, Macrogol, Hypromellose	Relief of backache, rheumatic or muscular pain, and general aches and pains in the muscles and joints
79	THR 23056/0004	03-Apr-07	MigraHerb Hard capsules	M H Pharma (UK) Ltd	100mg Feverfew herb (Tanacetum parthenium)	Dextrin white, Silica colloidal anhydrous, Talc, Magnesium stearate, Titanium dioxide E 171, Hypromellose	Prevention of migraine headaches